## **Mentor Guidelines**

**Time Commitment:** Minimum of one meeting per week for six months online or in person. We encourage you to continue on with your mentee after they have completed the program and moved off property.

**Primary Goal:** Focusing on life skills and management, getting connected in community outside of the Mission, developing healthy relationships, learning to set healthy boundaries, healthy communication skills, personal and professional growth, good work ethic, and working their recovery.

Mentors will be provided a curriculum/topic schedule to follow for the first several weeks. This is designed for you to get to know your new mentee, set the tone for your weekly meetings, and start establishing a trusted professional relationship.

- Follow and keep safe and healthy boundaries at all times (physical, emotional, financial, etc.).
- Do not provide or share any personal information with the exception of your phone number.
- Say what you mean and mean what you say.
- Please be on time. If you schedule a time to meet with your mentee, follow through and show up.
- Share your recovery story and what has helped you to be successful.
- Encourage spiritual and personal growth.
- Hold mentee accountable to working their program and the 12 steps.
- Provide progress reports once a month to Pastor and Recovery Program Staff.
- Report any concerns with the relationship or possible red flag issues to the Pastor and Recovery Program Staff immediately.
- Ask for help and guidance when needed.

Please be creative and yet sincere. The mentee needs to see the message of your life more than the message of your lips. If, for any reason, you are concerned about something taking place within the mentee's life that is inappropriate, or have a question about the mentoring program, please do not hesitate to contact Pastor Daniel or Recovery Program Staff.